



# Bridgeport

## Food Assistance Resources



### Food Pantries

**Please bring ID and mask!**

#### **Blessed Sacrament Church**

Thursdays: 7:00am-11:00am

275 Union Ave.

Open every Thursday **EXCEPT**  
for the first of the month

#### **Veteran's Affairs**

Tuesdays & Wednesdays:

10:00am-2:00pm

752 East Main St.

Open **ONLY** every 3rd Tues.  
and Wed. **VETERANS ONLY**

#### **Black Rock**

Saturdays: 9:00am-11:00am

15 Princeton St.

**MUST** be 06605 resident

#### **Bethel Memorial**

#### **Deliverance Church**

Saturdays: 10:00am-11:00am

1242 State St.

Clothing is also be available

#### **King's Pantry**

Monday-Thursday: 11:00am-

1:30pm

30 Florence St.

#### **Faith Outreach Church**

Saturdays: 1:00pm-2:00pm

32 Bond St.

Open **ONLY** every 2nd & 4th  
Saturday of the month

#### **Bishop Jean Williams**

Tuesdays: 10:00am-2:00pm

Wednesdays: 2:00pm-4:00pm

Thursdays: 1:00pm-6:00pm

752 East Main St.

**APPOINTMENT REQUIRED**

call (203) 873-0260

#### **Thomas Merton House**

Mondays, Wednesdays &

Fridays: 10:00am-11:00am

43 Madison Ave.

**APPOINTMENT REQUIRED**

call (203) 334-0995

#### **Nourish Bridgeport**

Mondays & Wednesdays:

2:00pm-6:00pm

2200 North Ave.

**APPOINTMENT REQUIRED**

call (203) 335-3107

#### **Bridgeport Tabernacle Seventh-Day Adventist**

Wednesdays: 12:00pm-

1:30pm

717 Clinton Ave.

Open **ONLY** every 2nd &  
4th Saturday of the month

#### **Salvation Army**

Mondays & Fridays:

10:00am-11:00am

30 Elm St.

**APPOINTMENT REQUIRED**

call (203) 334-0995

#### **Calvary Seventh-Day Adventist**

Sundays: 12:00pm-1:00pm

Thursdays: 3:00pm-6:30pm

827 Trumbull Ave.

#### **Bridgeport Rescue Mission**

Mondays, Wednesdays &

Fridays: 10:00am-3:00pm

725 Park Ave.



### Iglesia Misionera El Olivar

Wednesdays: 10:00am  
510 Summit St.

### Feed the People

Tuesdays: 4:00pm-6:00pm  
301 Bostwick Ave.  
Bring photo ID + bag

### Spanish Seventh-Day Adventist Church

Wednesdays: 5:00pm-6:00pm  
980 Sylvan Ave.

### Feed My Sheep

Wednesdays: 10:00am-12:00pm  
2771 North Ave.

### Fridgeport Community Refrigerator

Open 24/7  
219 James St.

### Refuge Temple Church of God

Saturdays  
3050 Main St.  
**ONCE MONTHLY** on Saturday, call (203) 373-0622 for hours and to register

**Please bring ID and mask!**

## Soup Kitchens

### Bridgeport Tabernacle Seventh-Day Adventist

Sundays: 12:00pm-2:00pm  
717 Clinton Ave.  
Every Sunday **EXCEPT** 1st of the month

### Thomas Merton House

Monday-Friday  
Breakfast: 9:00am-10:00am  
Lunch: 11:00am-12:00pm  
43 Madison Ave.

### Golden Hill United Methodist Church

Wednesdays: 5:00pm-6:00pm  
210 Elm St.



## Food Distributions

### Summerfield United Methodist Church- Light on the Hill

Friday: 10:00am-12:00pm  
110 Clermont Ave.  
**ONLY** on 2nd & 4th Friday of every month, call (203) 367-8783 for appointments

### Bridgeport Hospital

Tuesday: 5:30pm  
200 Mill Hill Ave.  
**ONLY** every 3rd Tuesday of the month

### Claytors Magnet Academy/PT Barnum

Monday: 9:30am  
467 Bird St.  
**ONLY** 1st Monday of each month  
**EXCEPT** July 4 & September 5

### Emmanuel Food Distribution Center

Saturdays: 10:00am-12:00pm  
99 Vernon St.

### Roosevelt School

Wednesday: 3:00pm  
680 Park Ave.  
**ONLY** 2nd Wednesday of each month

### King's Pantry

Wednesday: 12:00pm  
30 Florence St.  
**ONLY** 4th Wednesday of each month



Scan the QR code to visit the Health Improvement Alliance website for more resources... Or visit [hia-ct.org](http://hia-ct.org)

# Farmers Markets

Coordinated by  
Bridgeport Farmers Market Collaborative

**SNAP/EBT, WIC & Senior Checks,  
Farmer's Market Checks, and  
Bridgeport Bucks accepted!  
SNAP benefits will be matched at all  
locations (\$1 = \$2)!**

**\*Cash, Credit & Debit also accepted**

## East End NRZ Market & Cafe

Sundays: 9:00am-3:00pm

1851 Stratford Ave.

From July 17-November 20

## St. Vincent's Farm Stand

Tuesdays: 11:30am-4:00pm

2800 Main St.

From June 14-November 29

## East Side Farmers Market

Wednesdays: 10:00am-2:00pm

752 East Main St.

From July 13-October 26

## Alliance Farmers Market

Fridays: 10:00am-2:00pm

1151 Park Ave.

From June 10-October 28

**THIS MARKET IS BIWEEKLY**

## Stratfield Saturday Market

Saturdays: 9:30am-1:30pm

Clinton Park (corner of Brooklawn &  
North)

From June 25-October 1

## Downtown Farmers Market

Thursdays: 10:00am-2:00pm

McLevy Green (corner of Main &  
Bank streets)

From July 7-October 27

## Reservoir Farmers Market

Saturdays: 10:00am-2:00pm

1469 Reservoir Ave.

From June 18-October 29

## Farmers Market of Black Rock

Saturdays: 9:00am-1:00pm

St. Ann's Field, 481 Brewster St.

From June 18-October 15

## Farm Stand @ Bridgeport Hospital

Thursdays: 3:30am-5:30pm

200 Mill Hill Ave.

From July 14-October 13



**Follow the HIA on social media for updates!**



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