



# Bridgeport Food Assistance Resources

Please bring a mask and photo ID to obtain food.

See notes on back for entries with \*\*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Salvation Army 10am-11am @ 30 Elm St**		Iglesia Misionera El Olivar 10 am @ 510 Summit St	Blessed Sacrament Church 7am-11am @ 275 Union Ave**	Salvation Army 10am-11am @ 30 Elm St**	Black Rock 9am-11am @ 15 Princeton St**
	Thomas Merton House 10am-11am @ 43 Madison Ave		Thomas Merton House 10am-11am @ 43 Madison Ave		Thomas Merton House 10am-11am @ 43 Madison Ave	Bethel Memorial Deliverance Church 10am-11a @ 1242 State St**
Calvary SDA 12pm-1pm @ 827 Trumbull Ave		Bishop Jean Williams 10am-2pm @ 4 Worth St**	Feed My Sheep 10am-12p @ 2271 North Ave			Refuge Temple Church of God @ 3050 Main St**
		Veteran's Affairs 10am-2pm @ 752 E Main St**	Veteran's Affairs 10am-2pm @ 752 E Main St**			
	Bridgeport Rescue Mission 10am-3pm @ 725 Park Ave		Bridgeport Rescue Mission 10am-3pm @ 725 Park Ave		Bridgeport Rescue Mission 10am-3pm @ 725 Park Ave	
	King's Pantry 11am-1:30pm @ 30 Florence St	King's Pantry 11am-1:30pm @ 30 Florence St	King's Pantry 11am-1:30pm @ 30 Florence St	King's Pantry 11am-1:30pm @ 30 Florence St		Faith Outreach Church 1-2pm @ 32 Bond St**
			Bridgeport Tabernacle SDA Church 12pm-1:30pm @ 717 Clinton Ave			
			Bishop Jean Williams 12pm-4pm @ 4 Worth St**	Bishop Jean Williams 1pm-6pm @ 4 Worth St**		
	Nourish Bridgeport 2-6pm @ 2200 North Ave**		Nourish Bridgeport 2-6pm @ 2200 North Ave**			
			Spanish SDA Church 5-6pm @ 980 Sylvan Ave	Calvary SDA 3pm-6:30pm @ 827 Trumbull Ave		



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Visit <http://www.hia-ct.org/> for more information.

Follow us on social media!

 [healthimprovementalliance\\_ct](https://www.instagram.com/healthimprovementalliance_ct)

 Health Improvement Alliance - CT

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### Notes:

- Blessed Sacrament Church Food Pantry is open every Thursday EXCEPT the 1st Thursday of the Month
- Veteran's Affairs Food Pantry is open ONLY the 3rd Tuesday and Wednesday of every month and is for veterans ONLY
- Faith Outreach Church Food Pantry is open ONLY every 2nd and 4th Saturday
- Bridgeport Tabernacle SDA Church Soup Kitchen every Sunday EXCEPT for the 1st Sunday of the month
- The Bishop Jean Williams Food Pantry is APPOINTMENT REQUIRED. Call (203) 873-0260
- Salvation Army Food Pantry is APPOINTMENT REQUIRED. Call (203) 334-0995
- Black Rock Food Pantry: MUST BE 06605 RESIDENT
- Bethel Memorial Deliverance Church Food Pantry also has clothing available

### More Options/Resources (Soup Kitchens, food distributions, etc.):

- Bridgeport Community Refrigerator open 24/7 @ 219 James St. Bridgeport, CT
- Refuge Temple Church of God Food Pantry is open once monthly on a Saturday, contact (203) 373-0622 for hours and to register
- Nourish Bridgeport Food Pantry @ 2200 North Ave is by appointment only (203) 335-3107
  - Diaper bank also on Monday and Wednesday 2-6pm
- Thomas Merton House Soup Kitchen is open Monday-Friday
  - Breakfast 9am-10am
  - Lunch 11am-12pm
- Connecticut Foodshare (Ctfoodbank.org) Mobile Food Pantry location and times change weekly, see website for locations
  - Call (860) 856-4357 to get help applying for SNAP and food assistance programs
- Council of Churches of Greater Bridgeport
  - Mobile marketplace for fresh produce and eggs (accepts SNAP), see [feedbpt.org/mobile-marketplace](http://feedbpt.org/mobile-marketplace) for dates and locations
- Summerfield United Methodist Church-Light on the Hill Food Pantry open by appointments @ 110 Clermont Ave
  - Food Distribution on 2nd and 4th Friday of every month
- Bridgeport Tabernacle SDA Church Soup Kitchen 12pm-2p on Sundays @ 717 Clinton Ave
- Golden Hill United Methodist Church Soup Kitchen 5-6pm on Wednesdays @ 210 Elm St
- Emmanuel Food Distribution Center is open every Saturday from 10am-12pm @ 99 Vernon St
- Stratford Health Department Food Distribution is every 3rd Tuesday of the month at Holy Name of Jesus Church from 3pm-4pm @ 1950 Barnum Ave. Stratford, CT
- Bridgeport Hospital Food Distribution 5:30pm every 3rd Tuesday of the month @ 200 Mill Hill Ave

\*\*\*The resources provided above were verified for days/times. For additional resources near you, visit 2-1-1 of Connecticut (<https://uwc.211ct.org/categorysearch/food/>) and CTFoodShare (<https://www.ctfoodshare.org/find-help/>).

Rev: 06/09/2022