

# Milford

## Food Assistance Resource Guide



### Open to all

#### FOOD PANTRIES

##### Purple Pantry Boxes

10 purple **Food Pantry** boxes located throughout Milford that are stocked with staple items  
<https://purplepantryboxes.com>

##### Saint Mary's Church 70 Gulf Street

**John Rigley Food Pantry--**  
**Monthly** food pantry. Contact Department of Human Services for referral.  
203-783-3253

##### Department of Human Services 150 Gulf Street

Provides food vouchers to all Milford residents in need. Emergency food gift cards + referrals to resources. Senior Farmers Market Nutrition Program and Salvation Army Farmers Market vouchers. Assistance with SNAP, WIC, and other benefits.

##### Saint Gabriel Church 26 Broadway

Church based food pantry provides non-perishable food, including frozen meat, to Milford residents in need. Service is **weekly** by **appointment only**. Call 203-878-3075

##### Milford Senior Center 9 Jepson Drive Milford Food Bank

Call 203-877-5131 to schedule pick-up. Limited pre-packaged boxes for individuals and families.

**Monday-Thursday**  
10:00am-1:30pm  
**By appointment only**



##### First United Church of Christ

##### 34 West Main Street

Food pantry on Tuesdays once per month. Mostly shelf staple items with limited dairy/produce. Call 203-877-4277 for an appointment.

##### The Storehouse Project 49 Wheelers Farms Road

The food pantry is **operated twice weekly on Thursday and Saturday**. To make an appointment please call 203-490-6674 on Tuesdays and Thursdays from 4 - 6 PM.

##### Milford Christian Church

##### 989 New Haven Ave

**Appointment only.**  
Call 203-874-1233

### Milford Regional Pop-Up Pantry Cornerstone Christian Center, Kingdom Life Church, and the CT Food Bank

Third Thursday of the month at 3:30pm. Check the Milford Patch and CT Food Bank Website for location details.



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### LUNCH/DINNER MEALS

#### **Beth El Center, Inc.** **90 New Haven Ave**

Meals to go **daily on weekdays only**. Pickup between 11:30am-1pm-- **includes lunch and dinner**.  
203-876-0747

#### **Saint Peter's Church** **31 River Street**

Free monthly meals are served to the public. Second Thursday of every month. Grab and Go meals 5:30pm - 6:30pm  
Call 203-874-8562

#### **The Storehouse Project** **349 Wheelers Farms Road**

**Weekly meals To Go**. Every Monday of the month. 80 meals at the door + 170 shuttle meals.

#### **Milford Senior Center** **9 Jepson Drive**

Indoor & outdoor Mini Lunch Program. Seatings at 11:30am or 12:30pm. To-go available by calling ahead. Call for reservation Monday-Friday  
203-877-5131 extension 2106.  
Meals are \$3.00. Breakfast program on Wednesday only.

#### **Mary Taylor Memorial Methodist United Church** **168-176 S. Broad Street**

Monthly community supper on the 4th Thursday of the month for approx. 40-50 people on a walk in basis. **Served as to go 5:30pm - 6:30pm**.  
203-874-1982

#### **Saint Andrew's Episcopal Church** **283 Bridgeport Ave** **Provides 20-25 lunches** per week and delivers to the Beth El every Friday.

### FARMERS MARKET

Available July-September

#### **Downtown Milford Market** **90 West Main St.**

Saturdays 8:30am - 12:30pm

#### **Walnut Beach Market** **Walnut Beach Pavilion**

Thursdays 4:00pm - 7:00pm

#### **Devon Village Market** **120 Bridgeport Ave**

Sundays 9:00am - 2:00pm

**Bridgeport Hospital vouchers, Salvation Army vouchers & Senior Nutrition vouchers available through Milford Department of Human Services**  
**203-783-3253**

### FOOD DELIVERY

#### **First United Church of Christ**

##### **Food2Kids Program.**

Provides weekend meals to approx. 160 Milford youth in schools and Boys & Girls Village.

For more information call 203-258-8182

#### **The Storehouse Project**

Truck delivers groceries to residents of housing projects and students on college campuses.

For more information call 203-668-6297

#### **Milford Senior Center Program- Meals on Wheels**

Hot meals delivered 5 days a week.  
Contact Marie Vaughn at 203-877-5131

