



# Food Pantries

**Please bring ID and mask!**

## Blessed Sacrament Church

Thursdays: 7:00am-11:00am  
275 Union Ave.  
Open every Thursday **EXCEPT** for the first of the month

## Veteran's Affairs

Tuesdays & Wednesdays:  
10:00am-2:00pm  
752 East Main St.  
Open **ONLY** every 3rd Tues. and Wed. **VETERANS ONLY**

## Black Rock

Saturdays: 9:00am-11:00am  
15 Princeton St.  
**MUST** be 06605 resident

## Bethel Memorial Deliverance Church

Saturdays: 10:30am-12:00pm  
1242 State St.  
Clothing is also be available

## King's Pantry

Monday-Thursday: 11:00am-1:30pm  
30 Florence St.

## Faith Outreach Church

Saturdays: 12:00pm-2:00pm  
32 Bond St.  
Open **ONLY** every 2nd & 4th Saturday of the month

## Bishop Jean Williams

Tuesdays: 10:00am-2:00pm  
Wednesdays: 12:00pm-4:00pm  
Thursdays: 1:00pm-6:00pm  
752 East Main St.

## APPOINTMENT REQUIRED

call (203) 873-0260

## Thomas Merton House

Mondays, Wednesdays & Fridays: 10:00am-11:00am  
43 Madison Ave.

## APPOINTMENT REQUIRED

call (203) 334-0995

## Nourish Bridgeport

Mondays & Wednesdays:  
2:00pm-6:00pm  
2200 North Ave.

## APPOINTMENT REQUIRED

call (203) 335-3107

## Bridgeport Tabernacle Seventh-Day Adventist

Wednesdays: 12:00pm-1:30pm  
717 Clinton Ave.

## Salvation Army

Mondays & Fridays:  
10:00am-11:00am  
30 Elm St.

## APPOINTMENT REQUIRED

call (203) 334-0995

## Calvary Seventh-Day Adventist

Sundays: 12:00pm-1:00pm  
Thursdays: 3:00pm-6:30pm  
827 Trumbull Ave.

## Bridgeport Rescue Mission

Mondays, Wednesdays & Fridays: 10:00am-3:00pm  
725 Park Ave.



### Iglesia Misionera El Olivar

Wednesdays: 9:00am-11:00am  
510 Summit St.

### Feed the People

Tuesdays: 5:00pm-6:00pm  
301 Bostwick Ave.  
Bring photo ID + bag

### Spanish Seventh-Day Adventist Church

Wednesdays: 5:00pm-6:00pm  
980 Sylvan Ave.

### Feed My Sheep

Wednesdays: 10:00am-12:00pm  
2771 North Ave.

### Fridgeport Community Refrigerator

Open 24/7  
219 James St.

### Refuge Temple Church of God

Saturdays  
3050 Main St.  
**ONCE MONTHLY** on Saturday, call (203) 373-0622 for hours and to register

**Please bring ID and mask!**

## Soup Kitchens

### Bridgeport Tabernacle Seventh-Day Adventist

Sundays: 12:00pm-2:00pm  
717 Clinton Ave.  
Every Sunday **EXCEPT** 1st of the month

### Thomas Merton House

Monday-Friday  
Breakfast: 9:00am-10:00am  
Lunch: 11:00am-12:00pm  
43 Madison Ave.

### Golden Hill United Methodist Church

Wednesdays: 5:00pm-6:00pm  
210 Elm St.



## Food Distributions

### Bridgeport Hospital

200 Mill Hill Ave, Bridgeport

### St. Vincent's Medical Center

2800 Main St, Bridgeport

### Park City Initiative

910 Fairfield Ave, Bridgeport

### Kingdom Life Christian Church

1455 Naugatuck Ave, Milford

### King's Pantry

30 Florence St, Bridgeport

### Claytor Magnet

Academy/PT Barnum

467 Bird St, Bridgeport

### Holy Name of Jesus Church

1950 Barnum Ave, Stratford

CT Foodshare now distributes food every other week at each of these locations.

Visit [ctfoodshare.org](http://ctfoodshare.org) to view full schedule and for more details.



Food distribution details may be subject to change. Scan the QR code to visit the Health Improvement Alliance website for additional information ([hia-ct.org](http://hia-ct.org)), or refer to CT FoodShare's Online Calendar ([ctfoodshare.org/find-help/](http://ctfoodshare.org/find-help/))

# Farmers Markets

Coordinated by  
Bridgeport Farmers Market Collaborative

**SNAP/EBT, WIC & Senior Checks,  
Farmer's Market Checks, and  
Bridgeport Bucks accepted!  
SNAP benefits will be matched at all  
locations (\$1 = \$2)!**

**\*Cash, Credit & Debit also accepted**

## East End NRZ Market & Cafe

Sundays: 9:00am-3:00pm

1851 Stratford Ave.

From July 17-November 20

## St. Vincent's Farm Stand

Tuesdays: 11:30am-4:00pm

2800 Main St.

From June 14-November 29

## East Side Farmers Market

Wednesdays: 10:00am-2:00pm

752 East Main St.

From July 13-October 26

## Alliance Farmers Market

Fridays: 10:00am-2:00pm

1151 Park Ave.

From June 10-October 28

**THIS MARKET IS BIWEEKLY**

## Stratfield Saturday Market

Saturdays: 9:30am-1:30pm

Clinton Park (corner of Brooklawn &  
North)

From June 25-October 1

## Downtown Farmers Market

Thursdays: 10:30am-2:00pm

McLevy Green (corner of Main &  
Bank streets)

From July 7-October 27

## Reservoir Farmers Market

Saturdays: 10:00am-2:00pm

1469 Reservoir Ave.

From June 18-October 29

## Farmers Market of Black Rock

Saturdays: 9:00am-1:00pm

St. Ann's Field, 481 Brewster St.

From June 18-October 15

## Farm Stand @ Bridgeport Hospital

Thursdays: 3:30pm-5:30pm

200 Mill Hill Ave.

From July 14-October 20



**Follow the HIA on social media for updates!**



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Rev. 06/15/2022