



### Open to all

#### Department of Human Services

150 Gulf Street

Provides Emergency Food Vouchers to Milford Residents in need and gift cards

Referrals to local resources & state administered programs (SNAP, WIC, SFMNP, etc)

M-F call 203.783.3253

#### Milford Regional Pop-Up Pantry

Cornerstone Christian Center, Kingdom Life Church, and the CT Food Bank

Every other Tuesday of the month 11am-12pm. Check the Milford Patch and CT Food Bank Website for location details.

#### Saint Gabriel Church

26 Broadway

Provides food, including frozen meat, to Milford residents. Service is by appointment only. **Call M-W:**

**8am-6pm to schedule an appointment.** Food distribution by appointment only on Th: 10am until

food is all gone.

203-878-3075

#### First United Church of Christ

34 West Main Street

Food pantry on Tuesdays once per month 10am-2pm. Mostly shelf staple items with limited dairy/produce.

Call 203-877-4277 for an appointment.

#### Milford Food Bank Milford Senior Center

9 Jepson Drive

Open **Monday-Friday 9:00am-2:00pm**

**For Client Choice In-house shopping** call 203-876-6142 to schedule and appointment.

**Emergency bags available 2:00pm-4:30pm Monday-Friday**

#### Saint Mary's Church

70 Gulf Street

**John Rigley Food Pantry-- Monthly** food pantry. Contact Department of Human Services for referral.

203-783-3253

#### Milford Christian Church

989 New Haven Ave

**Appointment only.**

Call 203-874-1233

#### Purple Pantry Boxes

18 purple **Food Pantry** boxes located throughout Milford & nearby towns that are stocked with staple items.

Find locations near you

<https://purplepantryboxes.com>

#### The Storehouse Project

49 Wheelers Farms Road

The food pantry is **operated three times a week on Tuesday, Thursday, and Saturday.** To make an appointment please call 203-490-6674 on Tuesdays and Thursdays from 4 - 6 PM.

#### Saint Peter's Church

71 River Street

Second Thursday of the month meals are served.

### Food Delivery Programs

#### Milford Food 2 Kids

Provides weekend meals to approx. 200 Milford youth in schools and Boys & Girls Village.

203-258-8182

#### The Storehouse Project

Truck delivers groceries to residents of housing projects and students on college campuses.

#### Milford Senior Center- Meals on Wheels

Hot meals delivered 5 days a week. Contact Marie Vaughn at 203-877-5131

#### Volunteers needed

Many of these organizations need volunteers to collect, organize and distribute food items to the community. Please consider reaching out and volunteering

**Scan below for additional Food assistance resources outside of Milford**



# Milford Meals

## Monday

### **Milford Senior Center**

#### **9 Jepson Drive**

Indoor or to go lunch Program.  
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon.  
Meals are \$3.50.

### **The Storehouse Project** **349 Wheelers Farms Road**

Weekly meals To Go 80 meals at the door + 170 shuttle meals.

### **Beth El Center, Inc.**

#### **90 New Haven Ave**

Meals to go daily & on weekends.  
Pickup between 11:30am-1pm.  
Please check our website for the food calendar for the days dinner is served in the evening.

## Tuesday

### **Milford Senior Center**

#### **9 Jepson Drive**

Indoor or to go lunch Program.  
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon.  
Meals are \$3.50.

### **Beth El Center, Inc.**

#### **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

## Wednesday

### **Milford Senior Center**

#### **9 Jepson Drive**

Indoor or to go lunch Program.  
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon.  
Meals are \$3.50.

### **Beth El Center, Inc.**

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## Thursday

### **Milford Senior Center**

#### **9 Jepson Drive**

Indoor or to go lunch Program.  
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon. Meals are \$3.50.

### **Mary Taylor Memorial Methodist United Church** **168-176 S. Broad Street**

Monthly community supper on the 4th Thursday of the month for approx. 50 or more people on a walk-in basis. Served as in person dining 5:30pm - 6:30pm.

## Friday

### **Milford Senior Center**

#### **9 Jepson Drive**

Indoor or to go lunch Program.  
Reservations start at 10am call 203-877-5131x2106. Lunch is served at noon. Meals are \$3.50.

### **Beth El Center, Inc.**

#### **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

## Saturday/Sunday

### **Beth El Center, Inc.**

#### **90 New Haven Ave**

Meals to go daily & on weekends. Pickup between 11:30am-1pm. Please check our website for the food calendar for the days dinner is served in the evening.

## Resources

**Connecticut Food Share:** Mobile food distributions at various locations each month. Get the food pantry schedule when you need it by texting the word "foodshare" to **85511**.

**United Way 2-1-1:** You can visit the [2-1-1 website](#) or call to be connected to local food pantries/distributions

**SNAP Benefits:** Access to SNAP and food benefits, visit: <https://www.ctfoodbank.org/get-help/snap-food-stamps211/> OR call: 860-856-HELP (4357)

**Fridgeport:** An open access community refrigerator and pantry that is open 24/7, located at Kingdom Builders Impact Ministries, 219 James Street in Bridgeport

**End Hunger CT:** Meals at sites around the state from June-August, serving of breakfast, lunch, dinner, and snacks. Meals are free to any child age 18-and-under To find a site near you visit: <https://www.endhungerct.org/services/summer-meals/>

**CT Food Bank:** For healthy food, recipes and nutrition tips, visit <https://www.ctfoodbank.org/get-help/nutrition-tips/>